

Boneless Spiral Sliced Half Ham

Humanely raised, uncured heritage



Diestel Boneless Light Turkey Roast

A delicious boneless roast made with whole muscle light meat from family farms. Raw. sold frozen.

Kenai Red Sockeye Salmon Fillets

Wild-caught from the cold waters of Alaska. Previously Frozen.



Bubbles Project Cava Brut & Rosé 750 ML | SAVE UP TO \$6

Perfect for brunch or for use in cocktails.

\$10,99

Chanterelle Mushrooms

Wild foraged in Oregon.

SAVE \$3 LB



Sweet Potatoes & Yams



Cajun Crab Boil Mac & Cheese

2 LB - Creamy, blackening spice infused mac & cheese.



Cornbread Muffins

6 PK - Naturally wheat free. our delicious corn muffins make a great cornbread stuffing.



Angie's Boom Chicka Pop Popcorn

4.4-7 OZ | Select varieties **SAVE UP TO \$1.49**



2 FOR \$6



Imagine Broth

32 OZ | Select varieties **SAVE \$1.50**





Craft & Kitchen Free Range Large **Brown Eggs** 12 CT | SAVE \$1



Essential Everyday Shredded Cheese

8 OZ | Select varieties **SAVE ¢1.60**





Meat & Seafood

Royal Ranch Lean Ground Beef Bricks

16 OZ | SAVE \$1 EA

Local 80% lean ground beef, humanely raised on a



Beeler Hickory Smoked Bacon 16 OZ | SAVE \$1 EA





\$9,99_{FA}

Lamb Loin Chops

Raised in OR., Anderson lamb is certified humanely handled, grass fed and hormone and antibiotic

free. SAVE \$6 LB



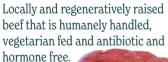
Carlton Farms Boneless Pork Loin Chops

SAVE UP TO \$1.50

Raised in the Northwest with no hormones.

\$5.99_{LB}

Royal Ranch Boneless Cross Rib Roast



SAVE \$2

\$7.99_{LB}

Stuffed Flank Steak Pinwheels

Crafted in house using USDA Choice, locally raised beef, fresh spinach, sun-dried tomatoes and Gorgonzola. SAVE \$3 LB



Campfire Farms Bulk Pork Chorizo



Bone In Split Chicken Breasts SAVE \$2 LB

Northwest-raised chicken, airchilled and 100% vegetarian-fed. No antibiotics ever.

\$3,99LB

Bulk Pork Italian Sausage

Made in house with humanely raised pork that's 100% vegetarian fed and antibiotic free. Choose from sweet or hot ground bulk sausage.

SAVE \$1 LB \$7,99LB

Stuffed Pork Chops

Crafted in house with fresh pork.

SAVE \$2 LB



Fully Cooked Shrimp Meat

16 OZ | SAVE \$1 LB

Small in size but big in culinary appeal. Previously frozen.



Tuscan **Shrimp Scamp** SAVE \$2 LB

Crafted in house, this scampi features seasoned, zesty farm raised shrimp.



Fresh Columbia **River Steelhead Fillets**

Fresh, local and farm raised.

SAVE \$3 LB



Tuscan Garlic Chicken Breasts

marinated in Italian inspired flavors. SAVE \$2 LB



\$6,99LB

Market Butcher crafted chicken breasts

Carlton Farms Pork Tenderloin

Raised in the Northwest with no hormones. Great on salads

and in tacos. SAVE \$2 LB



Produce



Ryans Fresh Apple Cider
64 OZ | SAVE \$1 EA



\$3.99_{EA}



Fingerling Potatoes
24 OZ BAG | SAVE \$1 EA
Choose from Red, Gold
or Sunset Medley.

\$3.99 EA







\$1.99LB







\$1,99 EA





Organic Fresh Ground Peanut Butter

Bulk









Organic Dark Chocolate Almonds



\$19.99_{LB}

Cheese & Provisions

Fratelli Beretta Platter

12 OZ - A variety of salami and specialty meats that are slowly air dried and cured to perfection.



Liliana's String Cheese

8 OZ – Locally made string cheese ranked best in the country by the American Cheese Society in 2024.



\$8.99EA

C)

\$13.99_{LB}

Valbreso Feta

with 100% sheep's milk.

Our creamy French feta is made

Monger's Choice Aged Cheddar

Our Oregon made house white cheddar is aged for three years for a complex but versatile cheese.

SAVE \$1 LB



Cowgirl Creamery Pierce Point

Cowgirl Creamery's famous triple cream covered in herbs and edible flowers. **SAVE \$1 EA**



Joyfull Parmesan Crisps

3–3.75 OZ 100% aged Parmesan baked to a delicious crisp. Enjoy with soup, on a salad, or with your favorite dip.



Mt. Hope Farms Fruit Spread

6.75–7 OZ - Award-winning fruit spreads, from 5th generation Oregon farmers, highlighting the pure flavors of Willamette Valley fruit.



Laura Chenel Goat Brie 5 OZ | SAVE \$2 EA

A creamy, soft-ripened cheese made with goat's milk in California's wine country.



Brooklyn Cured Salami 5 OZ | SAVE \$1 EA

Award-winning salamis from Brooklyn, NY. Choose from cocktailinspired flavors like Manhattan, Old Fashioned, and more.



Community Cellars Pinot Gris 750 ML | SAVE \$3 EA

Classic Willamette Valley Pinot Gris with apple, pear, melon, citrus and almond notes.



\$16.99 EA

Place Dundee Hills Pinot Noir 750 ML | SAVE \$5 EA

Smooth and elegant with dark cherry, plum, raspberry, wet stone and hints of baking spices on the finish.



\$24.99 EA

The Bubbles Project Prosecco Superiore Asolo

750 ML | SAVE \$5 EA

Sophisticated and creamy with citrus, yellow apple, white peach, pear and white flower notes.

\$13,99 EA



The Bubbles Project Champagne 750 ML | SAVE \$10 EA

Succulent, firm and focused with ripe citrus, orchard fruits, hints of tarragon, blood orange, nectarine and a persistent finish.

\$41.99 EA



Floral, Home & Gift

SIT BACK AND RELAX

Market of Choice's guide to easy holiday entertaining will help you plan a stress-free gathering with delicious appetizers, stunning entrees and impressive desserts. Get tips for decorating your home, setting a table, and even hosting a memorable holiday brunch.



Kalanchoe Pinecone **Planter**

2 IN | SAVE \$2

Select varieties



\$5,99

Mums \$7.99

Shed Rain

Umbrellas

SAVE 20%

Select varieties

Micro Poms

9 CT - Choose from a variety of colors.



\$5.99

Gerbera Sunflower **Bouquet** SAVE \$2

A mix of bright blooms.



\$24.99

Small Bouquet

Stunning variety of local bouquets.



Farmhouse Candles

8 OZ | Select varieties





Jande Taper Candles

Beautiful taper candles add color and elegance to any holiday centerpiece. Select varieties



Shanna Trumbly **Stickers**

Nature inspired art from a Eugene designer. Select varieties



Kitchen

Diestel Honey & Cider Glazed Turkey Roulade

Diestel regenerative turkey breast glazed with honey and cider, then stuffed with cranberries, apricots, dates and fresh herbs.

\$16,99_{LB}



Lentils, mushrooms, onions, carrots, garlic, and herbs and spices wrapped and baked in vegan puff pastry dough.



\$11,99_{LB}



Brussels Sprouts with Cranberries. Cider & Pistachios

This festive seasonal side dish combines roasted Brussels sprouts, cranberries and pistachios tossed in a cider glaze.





\$11,99_{LB}

Young Carrots

addition to the holiday table.

\$11.99LB

Miso Maple Roasted

Sweet, savory and deeply flavorful,

these tender carrots are the perfect

Columbus Salamis SAVE \$1 LB

Sliced to order or pre-sliced and packaged. Choose from Classic Italian Dry, Soppressata or Black Pepper.

\$15.99_\$18.99LB





Smashed Fingerling Potatoes with

Raclette Roasted fingerling potatoes and onions topped with melty Raclette.



Chorizo Scotch Eggs with Honey Dijon Sauce

A hardboiled egg coated with MoC's own fresh ground chorizo, breaded and deep-fried to a golden brown.



Oregon Bay Shrimp & Corn Fritters

Crunchy, fried fritters loaded with Oregon Bay shrimp, sweet corn and leeks. Served with a bright lemon dill sour cream sauce.



Polenta Cakes with Tomato & Garlic Confit

Rich, cheesy polenta topped with roasted tomatoes, garlic and herbs. Perfect for a holiday appetizer



Spicy Sushi Salmon Cups

Tasty sushi cups lined with nori seaweed and loaded with tender salmon, sushi rice and Mama Teav's Hot Garlic chili crisp.

\$3.99EA

Spanakopita

Spinach, ricotta, feta, spices and fresh herbs encased in buttery, flaky phyllo dough.



Scalloped Potatoes

Luxurious layers of velvety potatoes in our house made alfredo with garlic, pepper, a touch of nutmeg and plenty of cheese.



Bacon Praline

Smoky, thick-cut bacon candied in honey, brown sugar and pecans.



Honey Cardamom Butternut Squash

Spiced squash glazed and roasted, then topped with cranberries and pomegranate arils.



Super Food Kale Salad

Our new and improved recipe features the delicate sweetness of pomegranate molasses.



Smoked Salmon & Caper Deviled Eggs

Filled with fresh herbs, savory smoked salmon and bright, briny capers.



Specialty Beverage

Community Cellars Rosé 750 ML | SAVE \$4

Juicy, with strawberry, cherry, watermelon and raspberry balanced by mouth watering acidity.





Famille Gabre Louis Andrieu Generation

750 ML | SAVE \$4 Skin contact Sauvignon Blanc that has aromas of candied orange and balsamic with flavors of lemon peel and a crisp refreshing finish.



\$18,99

All the Bitter

4 OZ | SAVE \$5

for cocktails and drinks.

Alcohol-Free Bitters

Outstanding non-alcoholic bitters

Portland Syrups

12 OZ I Select varieties The best syrups and concentrates to make or enhance any drink. SAVE \$4

COMMUN

Community Cellars

Tempranillo

Bright and refreshing

currant, plum, cherry

with notes of red

and hints of fig on

\$19,99

the finish.

750 ML | SAVE \$6





Tostado Palenque 10.58 OZ | SAVE \$3

From Chiapas, this organic and fair trade coffee shows notes of maple and orange.



Fetch Zoomies 12 OZ | SAVE \$3.50

This natural process coffee from Ethiopia is organically grown, sweet and fruity with notes of blueberries, citrus and milk chocolate.



\$14.99



Boneyard Beer

6 PK | Select varieties World class craft beer brewed in Bend. OR. SAVE \$3



\$11.99.DEP

Coldfire Cumulus Tropicalus

4 PK | SAVE \$2.50

A smooth, inviting and aromatic IPA with orange, pineapple, honeysuckle, peach, passion fruit and grapefruit notes.



\$12.99.DEP

Zero Proof & Cocktail

St. Agrestis Non-**Alcoholic Cocktails**

200 ML | Select varieties Delicious ready to drink nonalcoholic cocktails.



Joyus Cabernet Sauvignon 750 ML | SAVE \$10

A well balanced and fruit. forward alcohol-removed wine with dark cherry, blackberry, currant and hints of vanilla on the finish.

\$24.99.DFD







\$19,99

Shop the Aisles

Spindrift Sparkling Water

8 PK | Select varieties SAVE UP TO \$3



\$5.49.DEP

Aleia's Gluten Free Stuffing

10 OZ | Select varieties **SAVE \$1.50**



\$5,99

Morton & **Bassett Spices** .01-3.7 OZ | Select varieties



SAVE 25%

Wesson Cooking Oil Krusteaz Honey Cornbread Mix

40 OZ I Select varieties **SAVE \$2.50**

Q Mixers Cans

4 PK | Select varieties

SAVE UP TO \$1



15 OZ | SAVE 70¢ KRUSTEAZ

\$4,99

\$2.99

Farmer's Market Vegetable Puree





Milton Crackers

6-8.4 OZ | Select varieties **SAVE \$1.09**



2 FOR \$7

Kikkoman

Soy Sauce

\$4,99



Nalley Chili

SAVE \$1.99

\$4,99



2 FOR \$5

Farms Rice

SAVE \$2

Lundberg Family

32 OZ | Select varieties

14 OZ | Select varieties

Kettle Brand Chips

13 OZ | Select varieties

SAVE \$2.30



ALL Y

RANCH

Muir Glen Tomatoes

28 OZ | Select varieties **SAVE UP TO \$2.99**



2 FOR\$

Best Foods

Mavonnaise

SAVE UP TO \$4

20–30 OZ | Select varieties

\$5,99

Bubly Sparkling Water

8 PK | Select varieties **SAVE UP TO \$2.29**





Nabisco Family Size Crackers

12.5-14 OZ | Select varieties

SAVE \$2.30

\$5,49



Nestlé Toll House **Baking Morsels**

9-12 OZ | Select varieties **SAVE \$1.99**



\$4.49.DEF

Shop the Aisles

Nut-Tritious Foods Nut & Seed Butters

12 OZ | Select varieties SAVE \$3



\$9.99



Cardamom Hills Chutney

7 OZ | Select varieties SAVE \$1



\$8,99



\$7,99

Extract

SAVE \$2

Saena Flavor

2 OZ | Select varieties

ANGEL BAKE

\$5,99

RioGood Ch-Easy Bread Mix

4.8 OZ | Select varieties





SAVE \$1.50



Maille Mustard

7.3-8 OZ | Select varieties **SAVE \$1.80**



\$4,99

Primal Kitchen Mayonnaise & Aioli

12 OZ | Select varieties SAVE UP TO \$2



\$9,99



Tate's Bake Shop Cookies

6.5-7 OZ | Select varieties

Parchment Sheets

Parchment Baking Sheets

24 CT | SAVE \$1.40

Dare Crackers



If You Care



\$5,79

Mount Hagen Instant Coffee

3.5 OZ | Select varieties

SAVE \$2.50



\$9.49



Coombs Family Farms Grade A **Maple Syrup** 32 OZ | SAVE \$9.80



\$26,99



\$7.79

Simple Mills **Baking Mixes**

9-10.7 OZ | Select varieties **SAVE \$2.20**

\$3,99

World Centric

Assorted Flatware

24 CT | Select varieties SAVE 30¢



\$1,69

Celestial Seasonings Tea 16-20 CT | SAVE \$1



\$5,49

Canterbury Naturals Soup

6.5-7.5 OZ | Select varieties **SAVE \$1.50**



Breton

6.1-7.9 OZ | SAVE \$1.49

2 FOR \$6

Santé Almonds

5 OZ | Select varieties

SAVE \$2



\$3.99

St. Dalfour Fruit Spread

10 OZ | Select varieties

SAVE 80¢



Yogi Chai Concentrate

32 OZ | Select varieties SAVE \$1



\$5,39



Torani Syrups & Dessert Sauces 12.7–16.9 OZ | Select varieties

SAVE UP TO \$1.50

\$5,49

Cascade Water 28 OZ | Select varieties

SAVE 49¢



2 FOR \$5+DEP

Shop the Aisles

Sukhi's Entrée

14-15 OZ | Select varieties **SAVE \$3.30**



\$9,69

Cloverdale Bacon

16 OZ | Select varieties SAVE \$2



\$5,99

Daisy Sour Cream 24 OZ | SAVE \$1.50



\$3,99

Umpqua Butter Quarters

Florida's

SAVE \$3

\$3,99

Natural Juice

52 OZ | Select varieties

1 LB | Select varieties



Umpqua Cottage Cheese

Florida[®]

Vaturai

24 OZ | Select varieties **SAVE \$1.50**



Floridas Natural

\$3,99

Ice Cream



Umpqua 2% **Chocolate Milk** .5 GAL | SAVE 99¢



2 FOR \$7

Earth Balance Plant Based Butter & Spreads

13-16 OZ | Select varieties



\$5,99



Siggi's Yogurt **4-5.3 OZ** | Select varieties

SAVE 70¢



28 OZ | Select varieties SAVE \$3

Häagen-Dazs



\$7.99

Philadelphia Cream Cheese

8 OZ | Select varieties **SAVE \$2.49**



2 FOR \$7

Seal the Seasons Frozen Fruit

32 OZ | Select varieties



OREGON / WASHINGTON CHERRY BERRY BLEND \$9,99

\$2,69

Stahlbush Island **Farms Frozen Vegetables 10 OZ** | Select varieties

SAVE UP TO 80¢



Save da Sea **Plant Based Fish 3.52 OZ |** Select varieties

SAVE \$1.30



\$6,49

Stonemill Kitchens Dips

10-11 OZ | Select varieties



De Casa Hummus

12 OZ | Select varieties SAVE 49¢



Sosi's Armenian **Yogurt Dip**

8 OZ | Select varieties SAVE UP TO \$1

\$5,39



Whole Health

Natural Factors Melatonin Supplements

60-90 CT | Select varieties

Natural Factors' Melatonin products can help reset your sleep-wake cycle and maintain natural sleep quality.







SAVE 25% MicroJoy Gummies

NORDIC VITAMIN D3

Nordic Naturals

Vitamin D3

Gummies

Select varieties



SAVE 20%

Herb Pharm Herbal

1-2 OZ | Select varieties

Tinctures

Boiron SleepCalm

Select varieties



SAVE 30%

Davids Hydroxyapatite Toothpaste

4-5.25 OZ | Select varieties





SAVE 20%

NuPearl Teeth Whitening Pen

2.5 ML





evanhealy Facial Cleanser

4 OZ | Select varieties





SAVE 20%

DERMA E Vitamin C Skin Care

.5-4 OZ | Select varieties



SAVE 25%

Davids Strawberry Watermelon Kids Toothpaste 5.25 OZ





ChildLife Liquid **Calcium** 16 OZ



SAVE 30%

Kirk's Hydrating Hand Soap

12 OZ | Select varieties



SAVE 25%

everyone Hand **Sanitizer Spray** & Wipes

2 OZ-15 CT | Select varieties



Bakery

Pumpkin Cake 6 IN | SAVE \$5 EA

Pumpkin cake filled and iced with cream cheese icing. Serves 4-6.

\$12,99_{EA}



Sailor Jack Muffins 4 CT | SAVE \$2 EA

Spice muffins with honey, raisins and a light glaze for the finish.

\$5.99_{EA}



Pie Slices

Choose from Apple, Marionberry, Cherry,



Chocolate Fudge Parfait

12 OZ | SAVE \$1 EA

Chocolate cake and fudge icing layered inside fluffy pillows of vanilla whipped cream.

\$4.99EA

Cheese Bagels

4 CT | Select varieties Freshly baked plain bagels

covered in cheddar cheese.

SAVE \$1 EA

\$3.99_{EA}

Cinnamon

Coffee Cake Cinnamon sugar swirled into

vanilla coffee cake and topped with streudel. SAVE \$1 EA



Clyde's Donut Holes

Sugar, Cinnamon and Devil's Food.

12 OZ | Select varieties

SAVE \$1.50 EA

Available in Glazed, Powdered

\$4.99_{EA}

Plant Based Chocolate Chip Cookies

6 PK | SAVE \$1 EA

Soft, plant based chocolate chip cookies.

\$5.99EA

Snickerdoodle Cookies

6 CT | SAVE \$1 EA

Traditional, all butter snickerdoodle cookies tossed in a light dusting of cinnamon sugar.

\$5.99_{EA}

Antonina's Muffins 4 CT | SAVE \$1.50 EA

These moist, gluten free muffins are light, fluffy, and full of flavor.





\$6.49EA

\$3.49EA

Bakerly Hand-Braided Brioche

14.11 OZ | Select varieties

Traditional French style brioche bread.

SAVE \$1 EA

\$7.99_{EA}



Artisanal caraway rye bread, made

locally in Portland, OR. SAVE \$1 EA



\$5,99_{EA}



Miss Hannah's Popcorn

3.25-6.5 OZ | Select varieties Gourmet popcorn made locally in Newberg, OR. SAVE \$1 EA







Cocoa & Craft **Chocolate Bars**

70 GR | Select varieties Small batch chocolate bars made locally in Ashland, OR.









Natural Decadence Pies

22 OZ | Select varieties Allergy friendly pies available in Dutch Apple, Strawberry Rhubarb and Pumpkin. SAVE \$2 EA

\$23.99EA

Rocky Mountain Cream Pies

39-42 OZ | Select varieties Available in Coconut Cream, Banana Cream and Lemon Meringue.

SAVE \$3 EA



E S | Nov 15 - Nov 21, 2024