

MoC Bone In Half Ham

Hickory smoked Heritage pork that is uncured, fully cooked and

humanely raised.



Royal Ranch Boneless Beef Chuck Roast

USDA Choice regenerative beef from the PNW that's vegetarian fed, and antibiotic and hormone free.

SAVE \$2 LB

\$7.99LB

Columbia River Steelhead Fillet

Fresh, local and farm raised.

SAVE \$4 LB



The Bubbles Project Asolo Prosecco

750 ML | SAVE \$5

Sophisticated and creamy with citrus, yellow apple, white peach, pear and white flower notes.

\$13.99





Satsuma Mandarins



Turkey or Plant **Based Mushroom** Gravy

16 OZ – Rich, flavorful and aromatic addition from our kitchen to vours.

\$9,99_{EA}

Butter & Egg Rolls 6 PK | SAVE 50¢

Our fluffy, scratch made rolls are now available in a half dozen.



LaCroix Sparkling Water

12 PK | Select varieties **SAVE \$3.49**



Farmer's Market Puree

15 OZ | Select varieties

SAVE \$1.49

2 FOR \$ 5









Umpqua Heavy Whipping Cream 1 PT | SAVE \$1.70





25.6-40 OZ | Select varieties

Willamette Valley

Pie Company

SAVE \$3





Meat & Seafood

Carlton Farms Bone In Pork Chops

Humanely raised, vegetarian fed and antibiotic and

hormone free.



Stuffed Chicken Cordon Bleu

Delicious stuffed chicken breasts handcrafted by your Market Butchers.

\$6.99LB

Kvaroy Fresh Salmon Fillets

Farm raised in Norway.

\$18.99LB

Royal Ranch Boneless New York Steaks

USDA Choice regenerative beef from the PNW that's vegetarian fed, and antibiotic and hormone free.

SAVE UP TO \$9 LB

\$15.99_{LB}

Cooked & Peeled Shrimp

26–30 CT – Fully cooked. *Previously frozen.*

SAVE \$3 LB



Stuffed Game Hen

Perfectly seasoned, cornbread stuffed game hens are an elegant entrée to serve for your next dinner party or an easy weeknight meal.

\$5.99 LB

Carlton Farms Boneless Pork Blade Roast

Humanely raised, vegetarian fed and antibiotic and hormone free.

\$4.99[B

Whole Fryer Chicken

Locally raised, free-range.

SAVE \$1.50 LB



\$1.99 LB

nicken

Parmesan Crusted Halibut Fillets

Healthy, boneless halibut, crusted with parmesan and ready to cook.



House Made Meatloaf

Created with a savory blend of spices and ground beef.

\$6.99LB

Country Style Pork Sausage

Delicious bulk pork sausages crafted by your Market Butchers.
Perfect for breakfast or brunch.

SAVE \$1 LB

\$7.99_{LB}

Boneless Skinless Chicken Breasts

Locally raised chicken that's 100% vegetarian fed with no antibiotics ever.

SAVE UP TO \$3 LB



Italian Romano Meatballs

Made fresh by your Market Butchers.



Anderson Ranches Lamb Shoulder Chops

Locally raised, certified humanely handled, 100% grass fed, and hormone and antibiotic free.

SAVE \$1 LB

\$7.99LB

Carlton Farms Applewood Smoked Bacon

16 OZ | SAVE \$2 EA

Northwest raised, antibiotic and hormone free. Bulk or packaged.

\$9.99EA



Produce

Honeyglow Pineapples

Not your ordinary pineapple, the Honeyglow are ripened a few extra weeks to ensure a perfectly sweet pineapple every time.

SAVE \$2 EA

\$3.99_{EA}







Organic Russet Potatoes



Organic Bunched Carrots
SAVE \$1 LB



Organic Cranberries



\$4.99 EA

Organic Brussels
Sprouts
SAVE \$1 LB



\$5.99_{LB}

Organic Kale



Organic Shiitke Mushrooms SAVE \$2 LB



\$12.99_{LB}

Organic Sugar Pie Pumpkins SAVE 50¢ LB



\$1,49 LB



Deluxe Roasted Mixed Nuts

Salted and unsalted. **SAVE \$1 LB**



Organic Whole Medjool Dates SAVE \$1 LB



\$8,99_{LB}

Walnut Pieces
SAVE 80¢ LB



\$6.99LB \$4.99LB \$AVORIES | Nov 22 - Nov 28, 2024

Organic Sweetened Dried Cranberries SAVE \$1.20 LB \$6.99 LB

Cheese & Provisions

Market of Choice Baked Brie

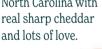
Double crème Brie wrapped in puff pastry and baked to a golden brown. Choose from our Chef's recipes of Fig & Walnut, Sour Cherry or Garlic Herb.



\$19.99_{EA}

My Three Sons Pimento Cheese Spread

10 OZ - Thick and creamy pimento cheese spreads, made in North Carolina with



\$9.99 EA

Community Cellars Rosé

750 ML | SAVE \$4

Juicy, with strawberry, cherry, watermelon and raspberry balanced by mouth watering acidity.



\$15.99

Rustic Bakery Crisps

5 OZ - Handmade sourdough flatbread crackers made with all organic ingredients, naturally fermented, and perfect with your favorite cheese.



Community Cellars Pinot Noir

750 ML | SAVE \$6

Complex and well balanced with notes of cherry. raspberry, plum, savory earth and some spice on the finish.



\$19.99

Cypress Grove Humboldt Fog

Bloomy-rind goat cheese from California, with citrus notes and a distinctive ash line.



Market of Choice Olives

Choose from a wide variety of high quality, zesty olives.



Beehive Cheeses 4 OZ | SAVE \$1 EA

Award-winning flavored cheddars sustainably made in Utah.



The Bubbles Project Metodo Italiano

750 ML | SAVE \$4

Fresh, with notes of apple, citrus, and a round creamy mouthfeel. This is perfect in cocktails or on its own.



Beurre De Baratte Salted Butter

250 GM - Exquisite, world renowned salted butter hand churned and hand packed in the Loire Valley of France. Truly unlike any other butter, it's perfect for holidays.

\$15.99 EA

Monger's Choice House Brie

This versatile. French double crème Brie will make a great center piece for your next cheese platter.



BelGioioso Burrata 8 OZ | SAVE \$1 EA

A soft, rich, buttery Italian inspired cheese with a mozzarella shell and a creamy, delicate center.



The Bubbles Project Cava Brut & Rosé 750 ML | SAVE UP TO \$6

Perfect sparkling wine for brunch or to use in cocktails. The white shows citrus and apple, the rosé red fruits.



\$1N 99

CHEERS!

Toast the season with MoC Private Release wines: Community Cellars. Place and Intersect. Our wine stewards partner with local wine makers to create these elegant, food-friendly wines with a distinct PNW flavor. Grab intersect COMMUNI a bottle today. LEARN MORE

Floral, Home & Gift

Seasonal Large Mixed Bouquet

A beautiful mix of flowers to brighten any day.

\$35,99



Gerbera

5 CT - Choose from an assortment of beautiful, bright flowers.

\$8,99

African Violets 4 IN | SAVE \$3



\$5,99

Alstro

6 CT - Choose from a variety of stunning fall colors.



\$5,99

Seasonal Medium Mixed Bouquet

A beautiful mix of flowers to brighten any day.



\$21.99-23.99

Calyan Wax Co. **Soy Candles**

SAVE \$1 | Select varieties Natural sov candles made in the USA.



\$23,99

eeBoo Puzzles & Games

Choose from a variety of well made educational games and gifts for children and adults.



SAVE 5%

GoodLight Candles

Select varieties



Norpro Kitchen Accessories

Select varieties



S A V O R I E S | Nov 22 - Nov 28, 2024

Kitchen

Whipped Sweet Potatoes with Cinnamon Glazed Pecans

1.5 LB – Vibrant, rich sweet potatoes whipped with cream, brown sugar and cinnamon to fluffy perfection and topped with crunchy, candied pecans.

\$16.99_{EA}



Spiced squash glazed and roasted, then topped with cranberries and pomegranate arils.



\$12.99_{LB}



Creamy Mushroom & Green Bean Casserole

1.5 LB – Rich, earthy mushrooms, shallots and creamy mushroom gravy with tender-crisp green beans, topped with crispy fried onions.



\$18.99_{EA}

Roasted Butternut Squash & Mushroom with Arugula

Creamy roasted butternut squash marries beautifully with the umami roasted mushrooms and fresh arugula.





\$13,99_{LB}



Plant Based Savory Mushroom Lentil Wellington

Lentils, mushrooms, onions, carrots, garlic, herbs and spices wrapped in vegan puff pastry and baked.



Korean BBQ Salmon

Perfectly cooked fillet of salmon glazed in sweet and savory Korean BBQ sauce and topped with sesame seeds.



Family Sized Green Salads

Fresh and flavorful green salads. Choose from Classic Caesar or Garden Vegetable.



Traditional Meat Lasagna

Layers of lean ground beef, ricotta, and tender pasta with Romano, Parmesan and mozzarella cheese throughout.

\$11.99_{LB}

Paleo Kaleo Salad

A kale salad featuring crunchy pepitas and almonds, and golden raisins in a cider vinegar maple dressing.



Smashed Fingerling Potatoes with

Potatoes with Raclette

1.5 LB - Roasted fingerling potatoes and onions topped with melty Raclette.



World Grain & Noodle Bowls

16 OZ - Choose from Chipotle Chile, Lemongrass Chicken & Sesame Noodle, and more.



Oregon Mushroom & Onion Tart

Featuring shiitake, lobster, oyster and porcini mushrooms with rich Gorgonzola and fresh thyme.



Roasted Brussels Sprouts with Bacon & Shallots

Roasted Brussels sprouts with savory smoky bacon and roasted shallots.



Cajun Crab Boil Mac & Cheese

2 LB - Creamy, blackening spiceinfused mac & cheese topped with luscious Dungeness crab, Oregon Bay shrimp, Andouille sausage and roasted corn.



Apple Cider Donut Bread Pudding

Apple cinnamon donuts soaked in a rich custard, baked, then drizzled in an apple cider glaze for a decadent fall treat.



Diestel Family Ranch Deli Turkeys

Choose from Oven Roasted, Smoked, Peppered or Honey.





\$15.99_{LB}

Specialty Beverage

Place Pinot Noir Dundee Hills

Smooth and elegant with dark cherry, plum, black raspberry, wet stone and hints of baking spices on the finish.



\$24,99



Spella Caffè Espresso 12 OZ | SAVE \$5.50

Delicious as either a drip or espresso, with notes of chocolate, caramel and crème brulee with hints of candied orange and lime peel on the finish.

\$13.99





Backporch Coffee Roasters Peloton 12 OZ | SAVE \$4.50

Roasted in Bend, OR, this direct trade coffee is a medium roast with cherry, toffee and sweet chocolate notes.

\$13.99





Community Cellars Pinot Gris

750 ML | SAVE \$3 Classic Willamette Valley Pinot Gris with apple, pear, melon, citrus and almond notes.





The Bubbles **Project Champagne**

750 ML | SAVE \$10 Succulent, firm and focused with ripe citrus, orchard fruits, hints of tarragon, blood orange, nectarine and a persistent finish.

\$41,99

Deschutes Brewing

6 PK | Select varieties



World class craft beer brewed in Bend, OR.



\$11.99.DEP

Block 15 Sticky Hands

4 PK | SAVE \$3

A beautifully balanced double IPA with citrus, tropical fruit and herb notes transitioning to a hoppy finish.





\$16,99

Blind Tiger Zero Proof Cocktails

4 PK | Select varieties

SAVE \$4

Excellent zero proof ready to drink cocktails.



The Pathfinder **Hemp & Root Elixir**

23.6 OZ | Select varieties

SAVE \$10

A distilled non-alcoholic spirit that can be an aperitif or mixed in zero or low proof cocktails.



\$33,99_{+DEP}

Zero Proof & Cocktail

Sauvie Shrubs

8 OZ | Select varieties

SAVE \$3

Delicious shrubs from Sauvie Island that can be used in cocktails or as a base for dressings and marinades.



Orașella Cocktail Cherries

7.25-8.3 OZ | Select varieties SAVE \$3

Made traditionally without dyes or preservatives and contain a small amount of alcohol.



I E S | Nov 22 - Nov 28, 2024

Shop the Aisles

Wild Harvest Broth 32 OZ | Select varieties





SAVE 25%

Kettle & Fire Broth

Kettle & Fire

BEEF BROTH

(arnation

Bods Red Mill

ALL-PURPOS

FLOUR

32 OZ | Select varieties

SAVE \$1

\$3,99

Carnation Evaporated Milk

12 OZ | Select varieties

SAVE \$1.20

\$1,79





Libby's Pumpkin Puree

15 OZ | SAVE \$1



\$2,79



Gravy Mix .87 OZ | Select varieties

SAVE 89¢



Campbell's Soup

10.75 OZ | Select varieties **SAVE UP TO \$1.12**



3FOR\$5

C& H Granulated Sugar

Road's End Organics

2 FOR \$7+DEP

4 LB | SAVE \$2

Martinelli's

SAVE \$1.49

Sparkling Cider

25.4 OZ | Select varieties



\$3,99

Quick Gravy

2 FOR \$3

McCormick

SAVE 49¢

1 **OZ** | Select varieties



Quick Gravi

me TURKEY

Pepsi Products Mini Cans

10 PK | Select varieties **SAVE \$3.30**



Edward & Sons Mashed Potatoes

3.5 OZ | Select varieties





\$2.29



Wild Harvest Canned Vegetables

14.5-15 OZ | Select varieties





SAVE 25%

Bob's Red Mill Flour

5 LB | Select varieties

SAVE \$1.99















Ocean Spray Cranberry Sauce 14 OZ | SAVE \$1.49





Franz Dinner Rolls

16-18 OZ | Select varieties SAVE \$2





Shop the Aisles

Dappled Tonic Water



4 PK | Select varieties SAVE \$1





Josie's Best 📜 **Baking Mixes**

18 OZ I Select varieties SAVE \$2



Ken & June's **Roasted Hazelnuts**

8 OZ | Select varieties SAVE \$1



\$6.49







\$2,79

Simple Mills Crackers

4-4.25 OZ | Select varieties **SAVE UP TO \$1.60**





Greek Olives 5.3 OZ | Select varieties **SAVE \$1.60**

Divina Mixed



\$4,99







Simply Organic Vanilla Extract

4 OZ | Select varieties **SAVE \$3.50**





\$16.49



\$3,99

2 OZ | Select varieties

SAVE \$1.20







\$5,49

Let's Do Organic Coconut

7-8 OZ | Select varieties







2 FOR \$6

Lily's Baking Chips

9 OZ | Select varieties SAVE \$2





\$6,99

North Coast Apple Cider

64 OZ | Select varieties **SAVE \$2.50**



\$6,99

Jacobsen Salt Co. **Finishing Salt** 4 OZ | SAVE \$1.90





OLIVE OF

Lakewood Pineapple Juice **32 OZ |** Select varieties

SAVE \$1.60



\$7.99.DEP

Jovial Beans

13 OZ | Select varieties SAVE 79¢





2 FOR \$ 6

jovial

Watkins Assorted Food Coloring 4 CT | SAVE \$1.60





La Tourangelle Extra Virgin Olive Oil

25.4 OZ | Select varieties **SAVE \$5.80**



\$21.99



\$3.99

20-25 PK | Select varieties **SAVE UP TO \$1**



Nabisco Crackers 3.5-13.7 OZ | Select varieties **SAVE UP TO \$3.49**



Dave's Killer Bread, **Bagels & Rolls** 17-27 OZ | Select varieties

SAVE UP TO \$2.50







Shop the Aisles

Nancy's Butter 8 OZ | Select varieties

SAVE 70¢



\$4,99



Craft & Kitchen Free Range Large White Eggs

12 CT | SAVE 60¢



\$3,99



Hempler's Bacon

20 OZ | Select varieties **SAVE \$3.01**



Sausage Roll **16 OZ |** Select varieties **SAVE \$2.60**

Jimmy Dean



Lewis Road Creamery Butter

8 OZ | Select varieties **SAVE \$1.50**



SOUR CREAM 2 FOR\$5

Umpqua Ice Cream

1.5 QT | Select varieties

SAVE \$2



Siggi's Skyr **24 OZ** | Select varieties



Essential Everyday Frozen Vegetables

12 OZ | Select varieties SAVE UP TO 96¢



Tillamook **Shredded Cheese**

Umpqua Sour Cream

1 PT | Select varieties

SAVE UP TO \$1.49

16 OZ | Select varieties

SAVE \$1.80



\$7.69



26-32 OZ | Select varieties



\$4.99



Coffee Mate Creamer **32 OZ |** Select varieties **SAVE UP TO \$2.80**

\$3,99



Essential Everyday Cream Cheese 8 OZ | Select varieties

SAVE UP TO \$1



Juice

Florida's Natural

52 OZ | Select varieties

SAVE \$3



Tillamook

\$1,99 \$3.99

Morning Star Farms

5.25-10.5 OZ | Select varieties SAVE 50¢



\$5,49



Reddiwip Dessert Topping

6.5 OZ | Select varieties SAVE 50¢



Pine River Spread

9 OZ | Select varieties SAVE 79¢



2 FOR \$9

Whole Health

Mickelberry Gardens Honey & Tonics

2-20 OZ | Select varieties Working with Pacific Northwest farmers, these products are inspired by the beehive and made with whole food ingredients.



SAVE 20%

Om Mushroom Latte Blends

Select varieties





SAVE 20%

Andalou Naturals Skin Care

8-8.5 OZ | Select varieties





GINGER

Primal Kitchen

10.34 OZ

Collagen Creamer

SAVE 20%

MoC apothecary

apothecary

Sambucus Elderberry Syrup 4 fl oz (118 ml)

SAVE 20%

Elderberry

Select parieties

Supplements

PRIMAL OLLAGEN CREAME

Orgaid Sheet Masks



SAVE 20%

Nature's Way Immune Support Gummies

Select varieties



SAVE 25%

MegaFood **Probiotics**

Select varieties





SAVE 20%

Mineral Fusion



Bluebird Botanicals CBD Gummies

2-20 CT | Select varieties





SAVE 20%

Boiron Oscillococcinum 6 CT



SAVE 30%

Health Plus Colon Cleanser



SAVE 20%

Suzi's Lavender **Botanical Body**









SAVE 25%

Mascara .3 OZ | Select varieties



SAVE 25% SAVORIES | Nov 22 - Nov 28, 2024

Bakery

Carrot Cake 8 IN | SAVE \$7 EA

Scratch made carrot cake filled and iced with vanilla cream cheese.



8 Grain Bagels 4 PK | SAVE \$1 EA

Perfectly chewy, 8 grain bagels baked on site.



\$19.99_{EA}

Pumpkin Spice Parfait

12 OZ | SAVE \$1 EA

Layers of soft pumpkin cake and spiced vanilla whipped cream.



\$3.99_{EA}

Pumpkin Muffins 4 CT | SAVE \$1 EA

A soft muffin made with real pumpkin and topped with a brown sugar streusel.



\$4.99_{EA}

Cinnamon Rolls with Cream Cheese Icing

4 CT | SAVE \$1 EA

Scratch made cinnamon rolls topped with vanilla cream cheese.

\$6.99EA

Spelt Scones

8 CT | SAVE \$1 EA

All-butter scones made with locally grown spelt and baked in house.



Pumpkin Coffee

\$6,99_{EA}

6 IN | SAVE \$1 EA

Cake

Made with real pumpkin and topped with a brown sugar streusel.

\$5.99_{EA}

Harvest Cookies 6 CT | SAVE \$1 EA

Soft and chewy cranberry oatmeal cookies.



Antonina's Coffee Cake

16 OZ | SAVE \$1 EA

Gluten free cinnamon streusel coffee cake.



Eurobake Sweet Gata 16 OZ | SAVE \$1.50 EA

Sweet bread with a sugar cookie filling made locally in Portland, OR.



Essential Rosemary Sourdough 16 OZ | SAVE \$2 EA

An organic artisan loaf with rosemary, extra virgin olive oil and sea salt.

\$4,99_{EA}



La Brea French Baguettes 12 OZ | SAVE \$1.50 EA

Take & Bake French baguettes with a crisp golden crust.



\$4.49_{EA}

Natural Decadence Pies 22 OZ | SAVE \$2 EA

Allergy friendly pies available in Dutch Apple, Strawberry-Rhubarb,



Elegant Elephant Cream Pies 16 OZ | SAVE \$1 EA

Gluten free cream pies made locally in Eugene, OR. Available in chocolate and banana.



Euphoria Truffles
4 PK | SAVE \$1.50 EA

Quality chocolate truffles handcrafted with the finest ingredients in Eugene, OR.



Flax 4 Life Brownies 14 OZ | SAVE \$2 EA

Treat yourself to nutritious and delicious chocolate brownies.



VORIES | Nov 22 - Nov 28, 2024